




























Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

NAME: \_\_\_\_\_

# BRUSH & FLOSS CHART

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							

Name \_\_\_\_\_

## TOOTH CARE

BRUSH

FLOSS

POINTS

	BRUSH	FLOSS	POINTS
MONDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/> W	<input type="checkbox"/> W	<input type="checkbox"/>

NAME: \_\_\_\_\_

WEEK OF: \_\_\_\_\_

TOTAL POINTS: \_\_\_\_\_

**Kid★Pointz™**

Pointing Kids in the Right Direction  
www.kidpointz.com





# Colgate®

# Kids

## MY TOOTHBRUSH CHART

[www.colgate.co.uk](http://www.colgate.co.uk)

ages

6+

ages

2-6

ages

0-2

Brush your Teeth for 2 minutes twice a day!

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Draw a happy face for brushing

Draw a sad face for not brushing

FOR A HEALTHY SMILE AT EVERY AGE!





# BRUSHING CHART

PATIENT NAME: \_\_\_\_\_ MONTH: \_\_\_\_\_

MON TUES WED THU FRI SAT SUN

1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Warford Orthodontics

WarfordOrthodontics.com

